

GRETE RATTASEPP
Estonian Academy of Arts
Faculty of Design
Fashion Department
BA
Tallinn 2022

PORTFOLIO

EKA

Curriculum Vitae

CONTACT:

GRETE RATTASEPP

30.04.2000

GRETE.RATTASEPP@GMAIL.COM

+372 56669506

TALLINN, ESTONIA

EDUCATION:

2019-2022 ESTONIAN ACADEMY OF ARTS

2016-2019 KEILA KOOL

EXHIBITIONS:

18.02.2021-28.02.2021 EKA "MULTIVERSUM", EKA EXPERIMENTAL FORM

EXHIBITION AT VIRU KESKUS

INTERNSHIP:

2022 NONES121 KNITWEAR: MAKING SAMPLES AND PRODUCTS

EXTRAS:

2019 HELPING AUGUST & ENNOS AT TALLINN FASHION WEEK

2017 HELPING MARIT ILISON AT TALLINN FASHION WEEK AND FEW DAYS BEFORE

2016 VOLUNTARY WORK AT DISAINIÖÖ FASHION SHOW & OTHER

COMPUTER SKILLS:

ADOBE PHOTOSHOP

ADOBE ILLUSTRATOR

ADOBE INDESIGN

ADOBE LIGHTROOM

CLO3D

EXPERIMENTAL PROJECTS

EXPERIMENTAL PATTERN

KNITS

EXPERIMENTAL FORM

ETNO: EVIL EYE

DREAMING AS IF IT WAS REALITY

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EXPERIMENTAL PROJECTS

EXPERIMENTAL PATTERN

Supervisor:
Tina Verbić

KNITS

Supervisor:
Karolina Janulevičiute,
Kerly Kaljuste

EXPERIMENTAL FORM

Supervisors:
Liisi Eesmaa, Piret Pupart,
Flo Kasearu, Triin Amur
Photography: Riina Varol
Model: Nnenna Klein
MUA: Mari-Ly Kapp
Exhibition: Viru Keskus

MOVEMENT

EXPERIMENTAL PATTERN

TRYING TO FIND MOVEMENT IN PATTERN
CUTTING AND MAKING.

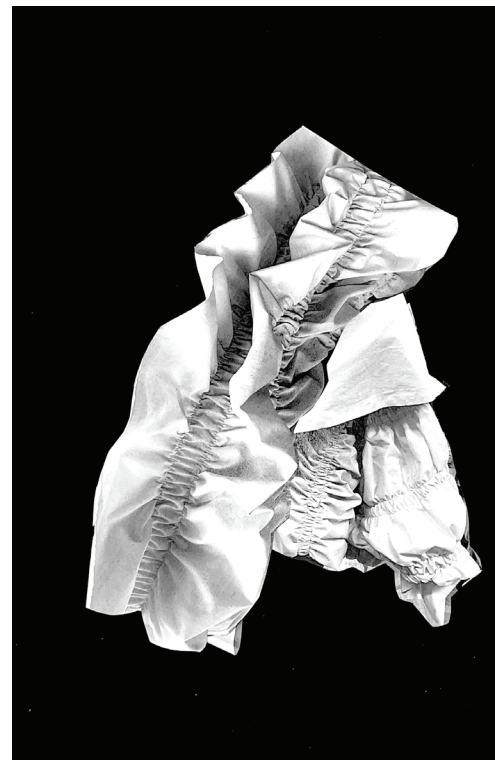
WHEN USING ELASTICS AND SOME
STRONGER TEXTILE IT WILL HOLD SHAPE
AND IT IS EASY TO MOVE THE TEXTILE.

WHEN USING JERSEY TEXTILE AND SOME
ELASTICS IT WILL BE CLOSE TO THE
BODY, TAKING SHAPES ON THE BODY AND
THERE IS LESS BIGGER SHAPES.

INSPIRATION WAS A HUMAN BODY MOV-
ING AROUND AND MAKING MOVEMENT.

COLLAGE WAS A GREAT WAY TO FIND
NEW SHAPES AND THERE IS COUNTLESS
WAYS TO USE THIS TYPE OF TEXTILE.

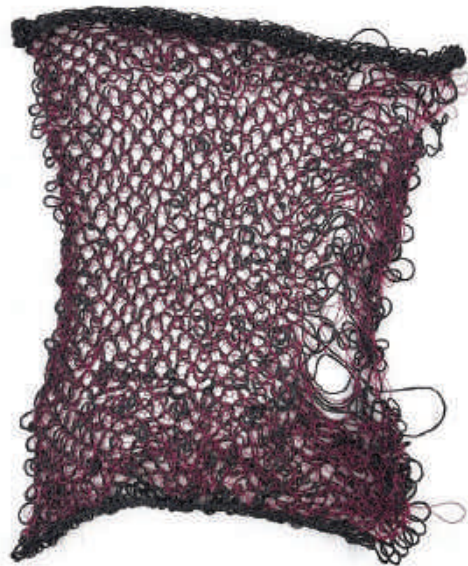
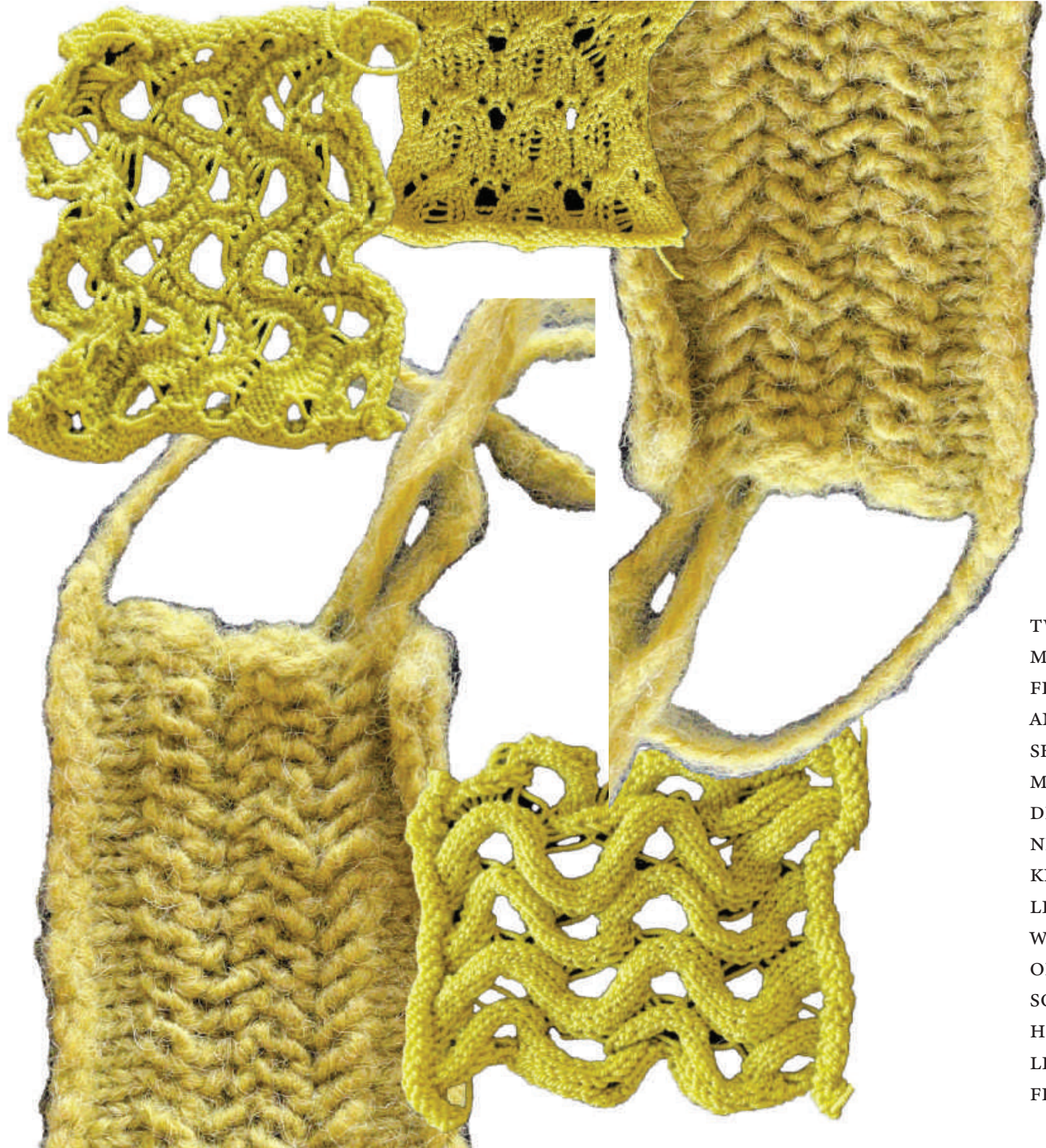
MAKE SQUARES
SEW ELASTICS
WEAR.



KNITS

KNITTING SAMPLES:
FINDING SHEERNESS & DREAMINESS

TWISTING AND TURNING YARNS
MAKING SHAPES
FINDING DREAMINESS IN YARNS
AND EXPERIMENTING TO FIND
SHEERNESS
MADE FOR THE COZY AND
DREAMY WINTER AND SPRING
NIGHTS.
KNITWEAR FOR YOUR BODY,
LIKE SECOND SKIN, MOVING
WITH YOU, BECOMING A PART
OF YOU
SOFT
HOT
LIGHT
FRESH



VIVAARIA

EXPERIMENTAL FORM

THIS CREATION WAS INSPIRED
BY DIFFERENT ANIMALS AND THEIR SPINES,
HIDING IN THE FOREST. THE SPINE OR HUSK,
AS A PROTECTIVE LAYER AROUND THE BODY,
CREATES SECURITY AND PERMITS
THE RETENTION OF AN INDIVIDUALITY
AND BRILLIANCE IN THIS HECTIC WORLD.



MULTIVERSUM IS A CELESTIAL FUSION,
WHERE THE UNLIMITED IMAGINATION
OF FASHION, TEXTILE AND ACCESSORY STUDENTS AT THE
ESTONIAN ACADEMY OF ARTS MEETS WITH REALITY.
CREATIONS THAT SEEMINGLY COME FROM DIFFERENT
UNIVERSES ARE BOUND TOGETHER BY RICH COLORS,
UNEARTHLY FORMS, AND THOUSANDS OF UPCYCLED CARDBOARD TUBES.
WE HAD TO FIND THE PURPOSE FOR THE CARDBOARD TUBES THAT WERE LEFT BEHIND AS
TRASH.



Supervisor: Piret Pupart
Photographer: Joosep Kivimäe
Model: Liisa Veski
MUA: Anete Pedaru
Help: Kärolin Raadik
Sponsor: Kadarbik

ETNO: Evil eyes



SETO BRIDAL COUPLE. BRIDE'S HEAD COVERED FOR PROTECTION.
FOTO SOURCE: ERM

nagu kadesuu sõnad niisama ka teiste inimeste kade pilk või silm on üldse nõnda kadetav, ei tohi näidata muile õieti mitte kui midagi: vaat et „haige silm ei lähe üle”, ja siis on kõik mokas. sellepärast ka kui kantakse või viiakse midagi, siis peidetakse see ikka mingi sisse nii ära, et teised ei näeks, mida just nimelt viiakse; ning kui keegi tuleb vastu ja küsib, mida kannad, siis ei tohi kunagi nimetada seda asja, et -kes teab- vast kade „ei lähe üle”, vaid vastatakse harilikult ikka: ma kannan rukkõmt, mul on rukkõm kaasas. see „rukkõm” ei tähendavat õieti midagi, vaid olevat lihtsalt varjamissõna.

FRAGMENTS FROM OLD ESTONIAN ORAL LORE ABOUT HOW TO WARD OFF THE EVIL EYE. THE COUNTRY, ESPECIALLY IT'S REMOTE CORNERS LIKE SETOMAA AND KIHNU HAVE KEPT THE NECESSARY ROUTINES FOR PROTECTION IN DAILY PRACTICE THE LONGEST.

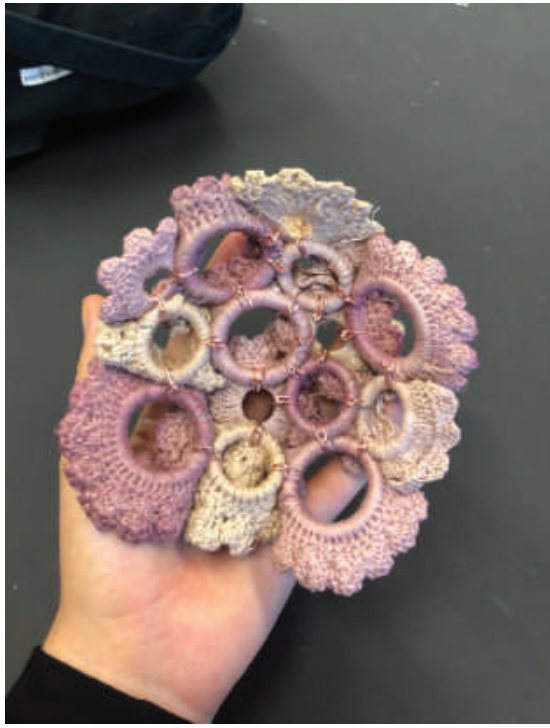




jah ja mina vei vasika, nu olliva meil sea laudan, lahtrin säääl. ja vein juua ja naabrimees tuli meele külla. ja meil vanamees es usu toda juttu, et noore looma ei taha võõrit inimesi ja näid tumedaid inimesi. ja ummetegi tõi nimelt õkva vaatama. mina vaatan, kas ta jääb haiges, või ei. jah ja tuli sis. läsid vaatasid tolle vasika. mina parajasti andsin tolle vasikale juua, jahu jooki. oli õhta, kodo toodud nurmest. ja andsin jooki ja nagu see mees ütles: „ilusad, ilusad” ja „kõik häste” ja läks ära. läks minema õue. ja säääl samah vasik pikale, pikale viskma, pillma. ja lõi nigu muna üles, naha ala. nigu munat, vai vesi säääl pehmekene oll. jah ja ummetegi es saaki, võtimigi noa ja tapsimegi tolle vasika ära. ma ütli: „kas sa seda nüüd tahtsidki?” vana äiale. et seda sa nüüd tahtsid. tahtset pruuve, kuidas ta asi um, nüüd nägit, kuis om.

FRAGMENTS FROM OLD ESTONIAN ORAL LORE ABOUT HOW NEIGHBOURS CAN PUT A SPELL ON YOUR COW WITH THEIR WORDS. USUALLY PEOPLE WORE SOMETHING TO PROTECT THEM FROM THE EVIL EYE- NEEDLES, RINGS OR HOOKS.





968 COLORED CROCHET FLOWERS
I USED PLASTIC RINGS AND LINEN YARN
FOR COLORING I USED BALCK RICE, PEO-
NIES,
BEETROOT JUICE FROM KADARBIK AND
AVOCADO PEELS FROM LISANNA KOHVIK
RINGS PROTECTING YOU FROM THE EVIL
EYE OR BAD WORDS.
FLOWERS TIED TOGETHER WITH ROSE
GOLD WIRE THAT IS FOR THE PROTEC-
TION FROM THE EVIL EYE AND BAD
WORDS.

Supervisors:
Karolina Janulevičiutė,
Piret Pupart,
Rolands Peterkops

Pink photos:
Photography: Marin Sild
Model: Iris Polman
MUA: Ave Rüütel

Photography: Alissa Šnaider
Models: Irma Holm, Liisa Veski
MUA: Vasilina Kuksova
Earrings: Sille Luiga
Feet: CROCS

DREAMING AS IF IT WAS REALITY



DREAMLIKE WORLD WHERE YOU GO BACK IN TIME.

THE DREAMS CONSIST OF YOUR MEMORIES AND BECOME THE REALITY.

TO TALK TO THE DEAD ONES OR BECOME A SUPERHUMAN.

DREAMS THAT SEEM SO REAL THAT TAKE YOU AWAY.

SWEET TALKING YOUR WAY INTO THEM.

DREAMING AS IF IT WAS REALITY. IT IS SOME TYPE OF REALITY.

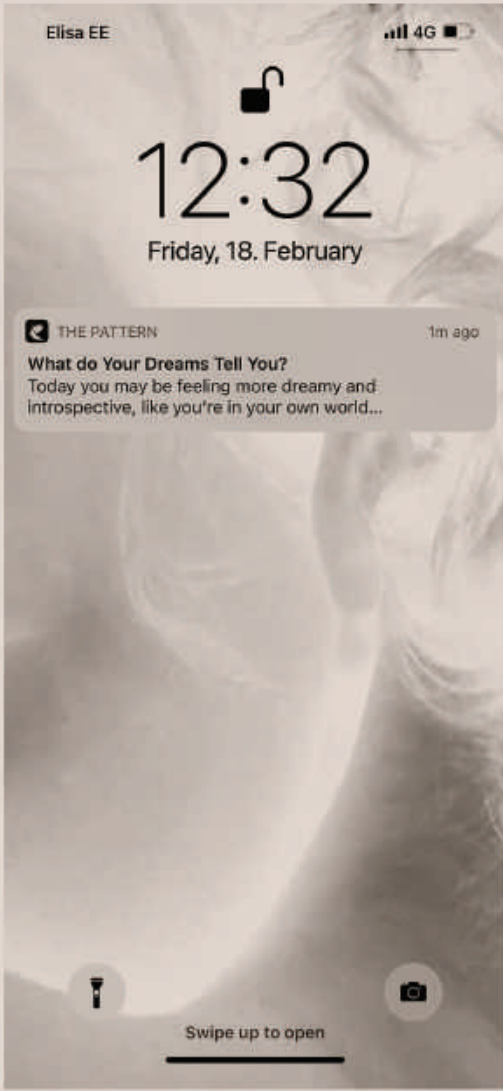
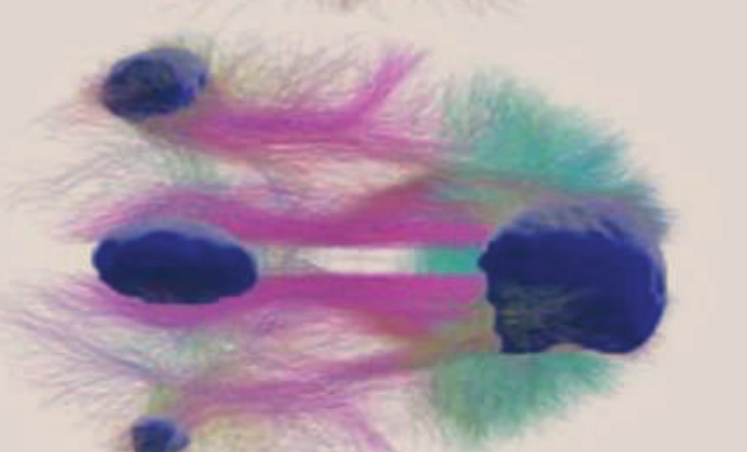
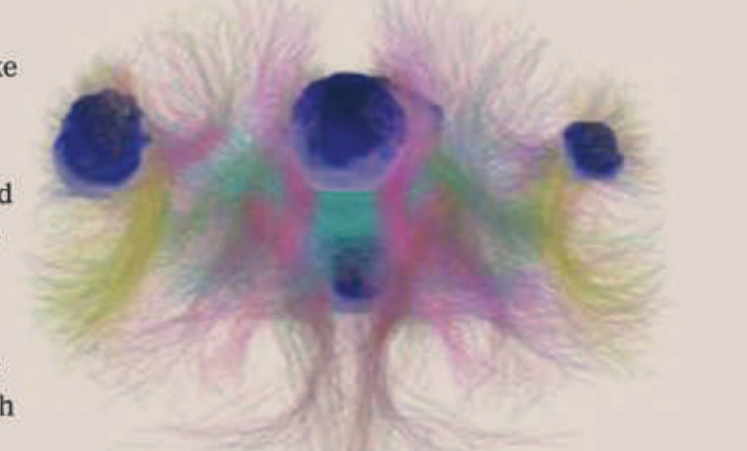
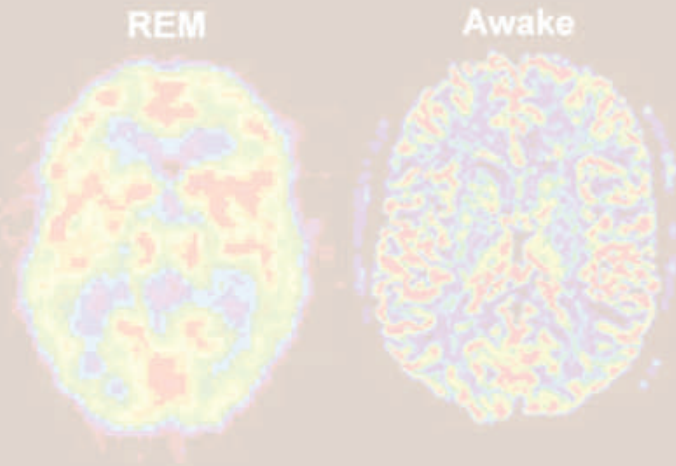
EVERYBODY DREAMS, EVERYBODY FEELS AND BECOMES ONE WITH A
DREAM.

DREAMS CAN TAKE YOU AWAY.

THEY CAN HELP YOU REALISE WHO YOU ARE AND WHO YOU BECOME.

For the bulk of human history, dreams were understood to be full of messages and portents. In many cultures and texts, from the Epic of Gilgamesh to the Old Testament to the Tibetan Book of the Dead, they were seen as omens or communications from gods, ancestors or spirits, telling us things we couldn't otherwise know. Dreams predicted the birth of the Buddha; guided Jacob, Daniel and Joseph; and provided sacred knowledge to members of Indigenous communities around the world.

In the mid-19th century, dreams started to be understood as creations of the brain, something that might be studied scientifically. Alfred Maury tested whether sensory stimuli like smells and sounds, experienced while sleeping, could affect his dreams (they could). Mary Whiton Calkins pioneered practices like collecting and statistically analyzing dream reports, or waking research subjects systematically at different times of the night to understand how their dreams changed. Sante de Sanctis compared the dreams of different groups, like children and the elderly or the mentally ill and the healthy. Some psychologists now frame the Freudian approach to dream analysis — Freud's theory that all dreams are elaborately coded versions of wish fulfillment, and the subsequent wave of interest in so-called dream interpretation, with certain elements having fixed, identifiable meanings — as an interlude of sorts, a departure and distraction from a century of scientific advancement in dream studies.



BASIC DREAMING 101

IN ORDER TO REACH THE TRUE DREAM STATE, WE NEED TO BE IN REM SLEEP WHICH IS A DEEP FORM OF SLEEP WHERE THE SUBCONSCIOUS MIND IS ABLE TO EXPLORE, AND THAT'S WHERE DREAMS BECOME INTERESTING BECAUSE THEY ARE NOT MADE FROM CONSCIOUS THOUGHTS OR BROUGHT ABOUT CHOICE.

PHASE 1

the first stage is known as an Alpha phase. He or she is not asleep yet and is experiencing a mild dream like state. Physically, the person's muscle activity begins to slow down, and they start drifting in their sleep. There might also be some slow movement of the eyes.

PHASE 2

phase 2 of falling asleep deals with experience rapid body movements and also internal changes. The muscles start to relax and recoil. The brain starts sending rapid waves that cause our bodily functions to slow down. Our heart rates begin to slow, and we slowly start drifting away to dreamland.

PHASE 3

phase 3 of our dream cycle deals with the emerging of delta waves in our brains. It is better known as a transitory phase where we slowly transition from light sleep to deep sleep. We tend to move slowly while our brain gets down to business. This phase makes up for about 46% of the dream cycle. During this sleep cycle, the dreams are likely to be completely random and also difficult to recall.

PHASE 4

phase 4 of our dream pattern deals with falling into deep sleep. This is where the major chunks of our dreams appear and what we are most likely going to forget when we wake up. Many of our physical phenomena occur during this very phase. Right from sleep walking to bed wetting, many other such natural physical phenomena occur. Deep sleep is when our eyes show no movement at all. And if people are awakened when they are in this phase then they will be disoriented and will not adjust to the waking state easily.

PHASE 5

the last stage is characterized by rapid eye movement or REM. The dreams that you see during this stage is what you will vividly remember in the morning. Two opposing situations arise in the body during this stage. Firstly, the body goes into a state of rest, and all your muscles are completely relaxed. On the other hand, your brain is most active during this state. It is almost as if it is done with its other activities and is concentrating on the dream.

in the next 5 minutes or so, the person enters the state of Theta, where he or she just about falls asleep. Although these are the first few stages of sleep that a majority of the people experience while falling asleep, there can be some that experience this while remaining awake. It is a very common aspect amongst those that indulge in activities that induce a trance such as meditation and yoga.

dreams within this stage of sleep will be fairly random, and if you are woken or disturbed from them, it's likely that you will remember a certain amount of what you have dreamed. However, you will not retain the thoughts for long.

You have very little control over the subject matter of these dreams, and one can even experience nightmares within this phase of sleep. The kind of thing that can wake you in this phase would be the movement within the dream. You will recall the falling feeling and will probably wake up believing the dream to have derived from a real event.

this phase makes for 15% of total sleep. During this phase of sleep, the dreams can be very disturbing, but that's nothing to be concerned with since it is very unlikely that you will be able to recall them, even if you are woken from them.

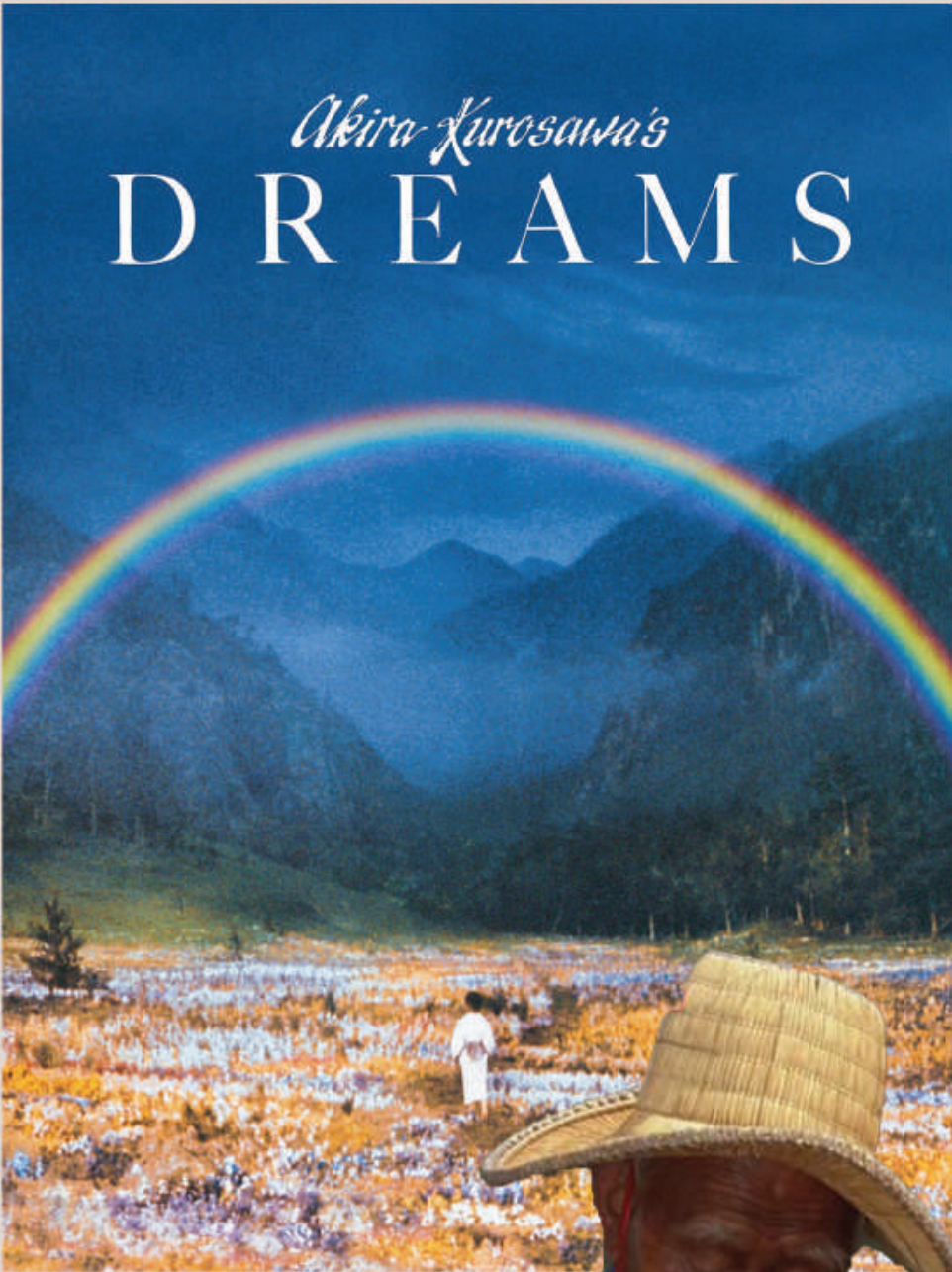
in this stage of sleep, your dreams are likely to be very realistic, and when you wake, you will recall them. You may see people that you know or places that you are familiar with though the dream does not always put things into any kind of logical sequence



Dreams (夢, Yume) is a 1990 magical realist film of eight vignettes written and directed by Akira Kurosawa. It was inspired by actual dreams that Kurosawa claimed to have had repeatedly.

Inspired by Fyodor Dostoyevsky, Kurosawa had kept a journal of his dreams for much of his life. But in truth, the film's sources are probably a mix of dreams, fantasies, folklore, and memories. Indeed, one of them may not come from Kurosawa at all: In "The Tunnel," the fourth episode, I returns from the war and runs into the ghosts of his platoon, all of whom were killed in action. As Kurosawa's biographer Stuart Galbraith IV notes, this seems more like something from the life of the director's close friend Ishiro Honda, the famed director of *Godzilla* and other monster movies, who carries a "creative consultant" credit on *Dreams*—and one of whose unrealized projects was a film about the ghost of a soldier returning from war. Honda had served for years in the Japanese Imperial Army, fighting in Manchuria in the 1930s and spending six months as a prisoner of war at the end of World War II. By contrast, Kurosawa had been turned away from his army physical in 1930 thanks to a sympathetic officer; when he was finally conscripted at the end of the war, it was already too late to serve.

“MAN IS A GENIUS WHEN HE DREAMS. DREAM WHAT YOU ARE CAPABLE OF. THE HARDER YOU DREAM IT, THE SOONER IT WILL COME TRUE.”
AKIRA KUROSAWA



They don't know it, but they're losing nature.

HAWAIIAN DREAMING

moe, sleep;

‘uhane, spirit. *Moe ‘uhane*, literally “spirit sleep,” is the dream believed to come during deep, sound sleep.

hihi’o, dream or vision.* *Hihi’o* occurred when one was just going to sleep (the hypnagogic state) or just awakening (the hypnapompic state). These fleeting

images of the mind came on the borderline of sleep or wakefulness. If a Hawaiian related such an experience, the description *hihi’o* gave a verbal leeway that *moe ‘uhane*, the true dream, or *akakū*, the unmistakable vision, did not.

ha’a’ilona, sign, symbol or portent. *Hō’a’ilona* described anything from a physical or natural sign, such as storm clouds as sign of rain, to mystic and

supernatural omens. Long attachment of mystic or portentous meaning to natural object or phenomenon eventually made it the symbol of the thought or meaning.

LEGEND OF PELE

A favorite Hawaiian legend tells how a goddess accomplished this.

Pele, on her volcanic island, was stirred by rhythmic drumming from far off.

She left her body in her lava bed, charging her attendants not to rouse her for three days on any account.

She traveled far in her "body of wind" and finally found the source of the magical drumming is a luau being held by a handsome prince.

The goddess and the prince fell for each other and spent three days making love before Pele returned to the body she had left in her lava bed.

Being a goddess, she was then able to arrange for her prince to be transported to the Big Island to live with her as her consort.

Humans may find this kind of transfer harder to effect, but it's always worth a try!

difference between the *hihi’o* and its trance-like state, and the *moe ‘uhane* or 'true dream' of real sleep. Only recently, brain waves studies have charted sleep and the dreaming process into four stages of cycles, first descending from superficial to deep sleep. The cycle then reverses itself, ascending from deep to superficial sleep to awakening. As this cycle repeats itself through the night, dreams come from increasingly deeper levels of the unconscious.

"Hawaiians did not describe such exact cycles, but they were certainly aware of degrees and nuances in dream production.

"It's very interesting that Hawaiians sometimes reported, 'My spirit saw ... my spirit observed in a dream.' It is possible they intuitively recognized a psychological defense-protection that often takes place in dreams. The dreamer makes himself the observer.

"Why?

"All of us have frightening, forbidden thoughts expressed in our dreams. We lessen our anxiety, our sense of responsibility as owner of these thoughts, by detachment. You watch a kind of separate 'you' having these terrible thoughts.

"On the other hand, Hawaiians apparently often felt responsible for their dreams. Or, to put it another way, for their spirits. Hawaiians obeyed dream commands; fulfilled dream-revealed obligations.

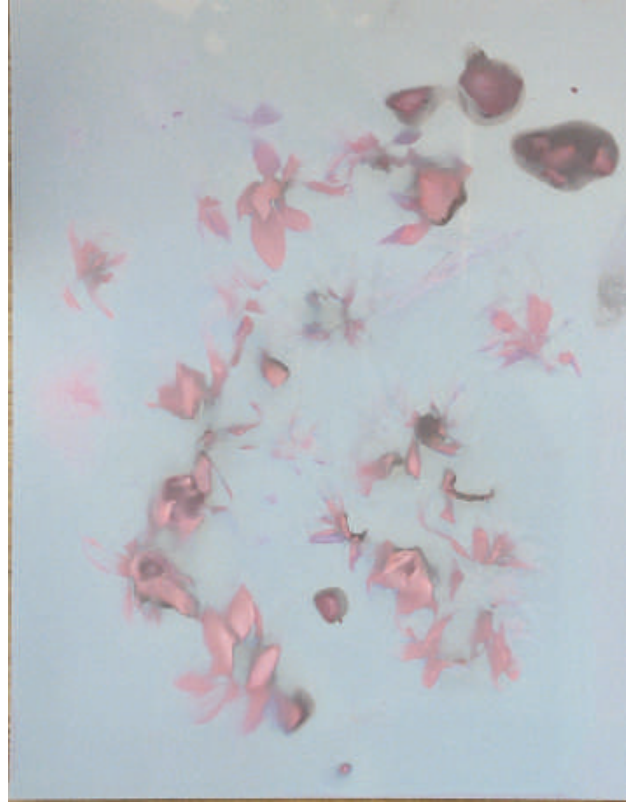
"So we could at least speculate that Hawaiians may have employed this 'detached observer' defense only in dreams that might otherwise arouse too much anxiety or shame. Certainly, this psychological defense is not indicated in the clear, direct dreams in which the *‘aumākua* advises or commands. The dreamers reported these in the first person: 'I heard ... The voice spoke to me.'"

Dreaming is when soul wakes up and goes traveling. You may fly across the water in your body of wind following the drumming of the waves to spend the night with your dream lover. Even goddesses do this.



FALLING ASLEEP

LUMEN PRINTS: USING ORGANIC OBJECTS TO MAKE STILL LIFE
PHOTOGRAPHY.
ORGANIC OBJECTS ON TOP OF PHOTO PAPER AND USING SUN TO MAKE THE
PICTURES.
PINK AND PURPLE DREAMY HAZE.

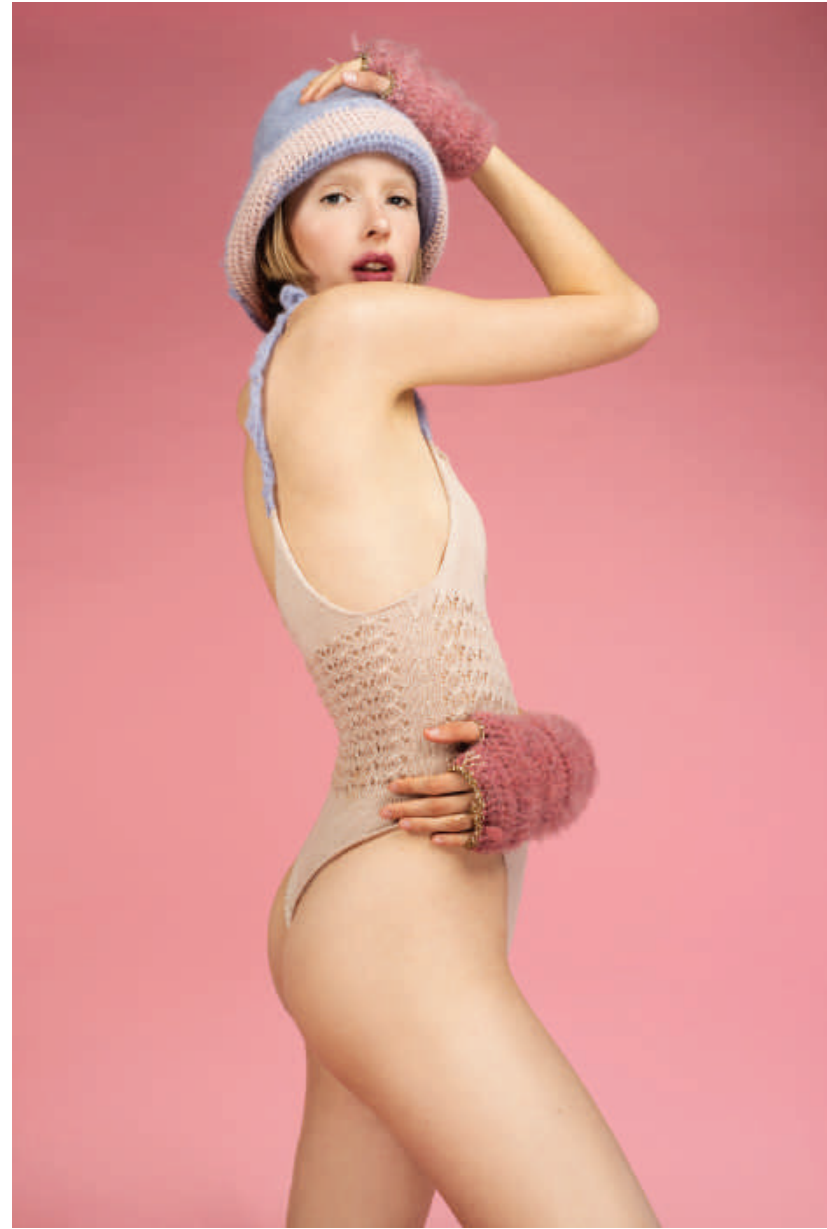


DREAMING





















THE MORE ROOM YOU MAKE FOR YOUR DREAMS,
THE MORE CERTAIN YOU BECOME ABOUT YOUR DREAMS
COMING TO FRUITION. DON`T GET ME WRONG;
DREAMS DON`T JUST COME TO FRUITION WITHOUT YOU PUTTING IN THE WORK,
FOR YOU PUTTING IN THE WORK IS CREATING LOVE TO LIVE.
TO LIVE THE LIFESTYLE THAT YOU WOULD LOVE TO LIVE.
SURE, YOU HAVE SOME IDEAS ABOUT LIFESTYLE THAT AREN`T TRULY
AUTHENTIC, AND THESE ARE IDEAS THAT YOU ARE TRYING TO IMPLEMENT
BECAUSE SOMEWHERE DEEP DOWN, YOU ARE CONVINCED THAT YOU
HAVE TO PROVE YOURSELF TO CERTAIN PEOPLE. I WANT TO REMIND YOU
THAT EVEN IF YOU DO PROVE WHATEVER YOU THINK YOU HAVE TO PROVE TO THEM,
THE HAPPINESS YOU SEEK HAS NOTHING TO DO WITH OTHERS.

WHY DO YOU DREAM?

